

CARE CORNER TRAINING ASSOCIATION

# Certificate in Counselling

Helping One Life At A Time

## Course Objectives

The Certificate in Counselling programme is an elementary level counselling training programme which aims at equipping participants with basic understanding of counselling and specific issues encountered in counselling.

By the end of the Programme, you will be able to describe and understand the major concepts of foundational theories of helping.

## Course Outline

- Key Concepts in Counselling
- Ethics in Counselling
- Psychological Development
- Family of Origin and Its Impact on Mental Health
- Counselling Approach - The PADI Model
- Micro-skills in Counselling
- Interpersonal Issues Counselling
- Marital Counselling
- Parenting Counselling
- Understanding Mental Illness
- Crisis Counselling

## Care Corner Training Association

Since 1998 Care Corner Training Association, a training arm of Care Corner Counselling Centre and Care Corner Singapore, has been offering courses for lay and professional helpers and to-date 13 batches of students have been equipped with basic counselling skills through the Certificate in Counselling programme. This certificate programme is designed for those who have not received any formal training in counselling.

**Duration of Course:** 12 lessons (4 Jan 2011 – 29 Mar 2011)

**Date of Commencement:** 4 Jan 2011 (Every Tuesday)

**Time:** 7pm to 10pm

**Venue:** Care Corner Counselling Centre  
Blk 62B Lor 4 Toa Payoh #02-143 Singapore 312062

## Entry Requirements

- GCE "O"Level & Above
- Early Childhood Teachers with "N"level will be considered on a case to case basis

## Requirements for Completion:

- Achieve minimum 75% attendance
- 2 Written Assignments (minimum 50 marks)

## Enrolment & Payment Policy:

Registration Fee : \$30

Course Fee : \$600

Closing Date: 13 Dec 2010

Cheque is to be made payable to:

Care Corner Training Association

(Please include your name and contact no. at the back of the cheque)

Please submit application form and registration fee to:

Care Corner Training Association

Blk 62B Toa Payoh Lor 4

#02-143 S(312062)

## VCF/SDF Subsidy

For SDF subsidy, kindly apply through [www.skillsconnect.gov.sg](http://www.skillsconnect.gov.sg)

For VCF subsidy, please refer to

[www.ncss.org.sg/vwocorner/vcf\\_training.asp](http://www.ncss.org.sg/vwocorner/vcf_training.asp)

\*Remarks : The Programme and Lecturers are subject to change  
There will be no refund if withdrawal is done after course commencement

## Lecturers

Mr Daniel Chien

Mr Wilson Mack

Mr Warren Tan

Mr Philip Chan

Ms Cindy Loh

Ms Jean Chen

Centre Director, Care Corner Family Service Centre (Woodlands)

Clinical Supervisor, Singapore Association for Counselling

Certified Satir Therapist & Trainer

Counsellor, Care Corner Counselling Centre

Counsellor, Care Corner Counselling Centre

Counsellor, Care Corner Counselling Centre